

BDP / BCA / BTS
Term-End Examination
December, 2021

06412

FEG-1/BEGF-101 : FOUNDATION COURSE IN
ENGLISH-1

Time : 2 hours

Maximum Marks : 50

ote : Answer all questions.

1. Read the passage given and answer the questions that follow :

1 Food is also one of the most complicated relationships that exist. Historically and culturally, food and social interaction are connected. We have always used food as a way to celebrate, remember, comfort, love and mourn together and we have been conditioned to do this over thousands of years. Our fondest memories would probably be associated with our grandma's dahi wadas or the first cake mummy baked for

us. It's not an easy relationship to either understand or separate ourselves from.

2 So I'm not asking you *not* to meet your friends and family over meals. But it could be very difficult to lose weight if you don't make changes to the way you interact socially. If you give food the same entertainment value as a movie or a show, or if food is how you pass your time, your body *will* hit back with heart disease, gastro-intestinal infections, acidity, bloating, pre-diabetes and obesity. If not worse.

3 It is a proven fact that we eat more in the presence of others. Social pressures make us drink recklessly and consume more than we should. Why do women gain weight after they get married ? Studies suggest that newly married women eat with husbands who have larger appetites and they are subconsciously trying to match up to them.

4 Reduce the importance of food in your social life. Take it down a notch. Skip lunch at a fancy,

high-priced restaurant. Catch up with your friends over coffee instead. You'll eat less. Call those distant relatives home for chai instead of dinner. If you have kids, meet other friends with their kids and go to the park together. Want to double date with another couple ? Forget meeting over drinks or dinner. Instead, go bowling or catch a movie.

5 You see what you're doing here ? You're meeting the same people, spending the same amount of time with them, and losing weight in the process. A dinner takes, what, 90 minutes ? So will tea or coffee. Calorie intake over dinner ? At least 1200. Calorie intake over coffee or tea ? If you don't order a high-cal beverage with whipped cream, you won't be consuming more than 100 to 150 calories. See the difference ? And I'm not even going into how much money you will save.

Answer the following questions :

- (a) (i) How have humans interacted with food in the past ? Discuss.

- (ii) Why is the writer asking us to make changes in our relationship with food now ? 2
- (iii) Why do women gain weight after marriage, according to the writer ? 2
- (iv) Mention two changes in our lifestyle that the writer suggests we should make. 2
- (v) Give an appropriate title to the passage. 2
- (b) Pick out words from the passage which mean the same as the following : 5
- (i) complex (para 1)
- (ii) mix with others (para 2)
- (iii) abnormal fat that presents a risk to health (para 2)
- (iv) foolhardy fashion without thinking of the consequences (para 3)
- (v) elegant and high-priced (para 4)

(c) Make sentences with the following words/phrases : 5

- (i) mourn
- (ii) entertainment value
- (iii) consume
- (iv) take down a notch
- (v) catch up

2. (a) Fill in the blanks with the correct propositions : 5

- (i) At last she succeeded _____ climbing Mount Everest.
- (ii) I absolutely insist _____ paying for the meal.
- (iii) Would you be interested _____ the folk festival ?
- (iv) He's not used _____ going anywhere on his own.
- (v) I don't mind you phoning me _____ work.

(b) Rewrite the following sentences making corrections wherever necessary : 5

- (i) Where you spent your holidays last year ?
- (ii) I asked her when was she going abroad.
- (iii) When I had reached the station, the train had left.
- (iv) I could not solve the paper because I was not understanding the questions.
- (v) This year's paper was more easier than last year's.

3. Write a paragraph on any **one** of the following topics (about 150 words) : 10

- (a) Social media has destroyed real heart-to-heart communication
- (b) Ways to improve our mental health during COVID times
- (c) My way of protecting the environment
- (d) Gandhi's relevance to the present times
- (e) My favorite cultural event

4. Write a dialogue on any **one** of the following.
Take about ten turns.

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- (a) Your younger brother is very careless about switching off lights and fans, saving water, etc. Explain to him the importance of preserving the environment.
- (b) Your younger brother is not taking adequate precautions now that the COVID-19 cases are down. Explain to him why such precautions are necessary.
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